



COMPETITIVE EDVANTAGE SPORTS PERFORMANCE

ABOUT US

Competitive Edvantage Sports is a Physical Therapy and Sports Performance company that specializes in sports injuries, wellness, and fitness. Our Board Certified physical therapist and fitness consultants have over 15 years of professional experience in rehabilitation, strength and conditioning, throwing and running analysis, personal training and more.

THE COMPETITIVE EDVANTAGE

Our rehabilitation philosophy is based on three fundamental principles:

- EDUCATE properly educate our clients on how to recover and prevent common sports injuries
- **EDIT** correct poor movement patterns and training techniques
- **EDGE** gradually and strategically help clients achieve the competitive edge

SERVICES

PHYSICAL THERAPY
MANUAL THERAPY
DRY NEEDLING
CUPPING
ATHLETIC RECOVERY
POST-OP
ONE ON ONE TREATMENT
FITNESS AND GROUP TRAINING
CONCIERGE SERVICES

CONTACT INFO@CEDSPORTS.COM 832-510-3611

OUR COMMITMENT:

To get you back to the game STRONGER, SAFER, AND SMARTER.